### **UTE ACADEMY MISSION:**

The Utah student-athlete development program focuses on enhancing the personal development of student-athletes through community service, leadership, professional development and personal well-being. Our goal is to assist in the growth of each student-athlete, as they navigate the transition from a student and an athlete, to a contributing member of society.

## "AT UTAH, WE BUILD CHAMPIONS." -MARK HARLAN, UTAH AD

@MarkHarlan\_AD

"The partnership between Athletics and the Career Center has allowed for the creation of specialized career development programming. The Ute Academy is an opportunity for student-athletes to apply their skills and strengths in a broader context."

- Mary Arola, Career & Professional Development Center, Utah

"The Ute Academy is another example of Utah Athletics' commitment to student-athlete wellness and success. As a coach, this program and the resources it provides will help us invest in our student-athletes beyond our sport."

- Malia Shoji, Associate Head Coach, Volleyball

"Our goal for the football team is to focus on personal welfare, community impact and career development. The Ute Academy provides the tools and resources for students to excel in those areas, and we are very excited for this program."

- Gianna Colosimo, Director of Player Development, Football



PROFESSIONAL DEVELOPMENT

**LEADERSHIP DEVELOPMENT** 

PERSONAL DEVELOPMENT

**COMMUNITY SERVICE** 

BUILDING CHAMPIONS FOR LIFE





# BUILDING CHAMPIONS FOR LIFE

### **UNIVERSITY OF UTAH ATHLETICS**

**Personal Development Program** 



### PROFESSIONAL DEVELOPMENT

### **NETWORK NIGHT**



Annual event connecting student-athletes with local and national employers across all industries

### INXATHLETE

Online platform providing career and mentor opportunities for current and former student-athletes



Request team or individual workshops across all topics, from resume prep to budgeting, within the area of professional development

### LEADERSHIP DEVELOPEMENT

## LIVING LEARNING COMMUNITY

First year housing community that focuses on Athletic Leadership through diverse programming and a credit course





#### FRESHMEN SUMMER

Transition course focusing on developing the necessary skills to be a successful individual at Utah and beyond

### PERSONAL DEVELOPEMENT

### WELLNESS AMBASSADORS

Student-athlete group focusing on wellness and mental health



#### **SOCIAL JUSTICE COHORT**

Student-athlete group focusing on social justice issues



### **PSYCHOLOGY & WELLNESS**

Relationships | Respect | Safety

### **COMMUNITY SERVICE**

