## From the desk of Miss Val...

## What to Watch - UCLA Gymnastics 2015

The first thing that comes to mind when I envision our team competing this season is the diversity in our team's Strong Personalities. We return tremendous talent and charismatic performances in Sam Peszek, Sadiqua Bynum, Sophina DeJesus, Danusia Francis, Ellette Craddock and Jennifer Pinches. We add two key players who are back in the line-up, Christine Peng Peng Lee and Angi Cipra as well as a strong freshman class, led by vault and floor sensation Napualani Hall. To top it off, we have Jordan Williams, our 5th-year graduate student who brings power and consistency to vault and beam as well as strong leadership skills.

You can expect to be a part of an extremely talented, high flying and FUN Gymnastics season. It all begins on Monday, January 19th at 1pm in Pauley Pavilion.

## In the News...

## **Fundraising Endeavors**

This year we are allocating half of our fundraising efforts to supplement our specific team's needs:

- Graduate Student Team Manager which is our acting Director of Operations.
- Sports Psychologist who has already enriched our team in the few short months she's worked with us.
- Massage therapist who works with each of our student athletes weekly.
- Team videographer.

If you would like to sponsor any one of these fabulous individuals, please contact Miss Val to discuss further vkondos@athletics.ucla.edu

## **Yates Gym Phase 2 Renovation**

The other half of our fundraising endeavors are going to Phase 2 of our gym renovation. This Spring we will be raising the floor of our gym up 21". This will allow for every piece of equipment that we train on to be on a podium-type surface versus concrete. Not only will this be a much more forgiving surface for daily training, but it will better mimic the bounce of the floor surfaces on which we compete for the NCAA Championship. We'd like to thank Rita Rothman for her generous donation of our lead gift toward this project. So far we have raised approx: \$180,000 towards the \$475,000 needed to complete this project and are hoping that we will have the necessary funds in by the beginning of the year to be able to start planning for construction to begin in May 2014.



<b>Date</b>	Opponent	Time (PT)
Mon., Jan. 12	at Oregon State	6:00 p.m.
Mon., Jan.19	Arizona	1:00 p.m.
Fri., Jan. 23	at Utah	5:00 p.m.
Sun., Feb. 1	California	10:00 a.m.
Mon., Feb. 9	Washington	6:00 p.m.
Sat., Feb. 14	at Stanford	4:00 p.m.
Sat., Feb. 21	Nebraska, Sacramento State, Bridgeport	4:00 p.m.
Sat., Feb. 28	at Arizona State	11:00 a.m.
Sat., Mar. 7	Stanford	4:00 p.m.
Fri., Mar. 13	at Arkansas	5:00 p.m.
Sat., Mar. 21	at Pac-12 Championships (Tempe, AZ)	TBD
Sat., Apr. 4	at NCAA Regionals	TBD
FriSun., Apr 17-19	at NCAA Championships (Fort Worth, TX) TBD	



## FIRST LOOK: 2015 UCLA WOMEN'S GYMNASTICS TEAM

# BARS AND BEAM

THE OFFICIAL MAGAZINE OF UCLA GYMNASTICS



## Inside this Edition:

- If I Were A Car
- Bruin 10.0 Madhatter
- Fundraising Endeavors
- Yates Gym Renovations





Scan Me

# Report If I Were A Car... The Team describes themselves as cars



**Valorie Kondos Field** 

Head Coach

I'd like to say I'm a sleek BMW, but I'm actually an old Toyota 4 Runner. Sturdy enough to be adventurous, sleek enough to zip around town, lots of room to carry a lot of different heavy loads, and vintage enough where a ding or dent only adds to its character.

Karli Dugas

Nanualani Hall

**JaNay Honest** 

Freshman

Freshman

Sonva Meraz

Melissa Metcalf

smart and versatile.

Angela Cipra

Sophomore

Freshman

Freshman

Red Mini Cooper because I am

If I were a car I'd be a Lamborghini

I would be a Blue Audi TT because

A Veloster Turbo because I have

uper unique characteristics.

Tesla because I am extremely

environmentally conscientious.

The Bumble Bee Yellow Camaro

because I am dependable, strong,

Ferrari because I am fast and

ierce and turn heads.

I'm small, yet fast and furious.

LaNiesha-Jopre' Irvin

because I'm fast and clean.

small but powerful and fun.

Freshman

Freshman



**Chris Waller** 

Assistant Head Coach Tesla model S47 because it is good for

the globe, fiercely fast, beautiful and



**Randy Lane** 

Assistant Coach

Tundra flatbed - ready for adventure with plenty of room to carry the load. But I'd rather be an Audi because that is what I should be driving after the UCLA flood this summer.



**Dom Palange** 

Volunteer Assistant Coach

Mercedes CLS 63 AMG because it's quick, stylish, has good form and is luxurious and expensive.;)



**Lorita Granger** 

Head Athletic Trainer

Honda Accord because they are not much to look at but very dependable.



**Brooke Iturranan** 

Student Athletic Trainer

I would be a VW Passat - part sophistication part sass.



**Julia Lanza** 

Student Athletic Trainer

Subaru because I love the outdoors and love to be in different environments and because of its commercial that says "Love - It's what makes a Subaru a Subaru.



**Rechelle Dennis** 

Freshman

Maserati because I'm fast, energetic





Mikaela Gerber

Sophomore

Blue Hyundai Elantra because I really care about the Environment.



Jessy MacArthur

Sophomore

Audi A4 because I'm sporty, fast and cute.



**Hallie Mossett** 

Sophomore

Ferrari because I'm classy, cute and fun.



**Jennifer Pinches** 

Sophomore

Mini Cooper because my style stands out, I am nimble, versatile and British.



**Alex Waller** 

Sophomore

VW Bug convertible because I'm small and quirky.



Sophina DeJesus

Junior

I'd like to say a Mercedes but deep down I know I'm a VW Bug because I'm small, fun and energetic.



**Danusia Francis** 

Junior

Porsche because I'm a blond British black woman, which is uncommon



**Christine Peng Peng Lee** 

Porsche because I'm small. adventurous, and spontaneous.



Sadiqua Bynum

Senior

Lamborghini because I'm powerful and have a fierce, unique look.



**Ellette Craddock** 

Senior

Mercedes Black chrome G wagon because I'm big yet classy.



Samantha Peszek

Senior

A Ferrari convertible because I'm small, fierce and intimidating. Just when you think I can't go any faster, I shift gears and find a new speed.



**Jordan Williams** 

5th Year Graduate

Range Rover because I have power, passion, style and am a little bit high-maintenance but worth it.



Cassandra Whitcomb

Team Manager

Pale blue Volvo Coupe because they are athletic but not considered a sports car.



**Jordyn Wieber** 

Team Manager

BMW because it is sophisticated but not too flashy.



**Kaitlin Reid** 

Graduate Team Manager

Prius because they are both efficient and functional, or a truck because they attract cowboys.



# **Bonus Report - BRUIN 10.0**

## Madhatter 2014

Our 3rd annual Madhatter was over the top fun. We've taken our annual 'Kick Off the Season Social Fundraiser' and made it into our most memorable yearly event. replete with an iconic Brentwood Mansion - thank you Angelo Mazzone, amazing food - thank you Paul and Juli Scrivano, and Over the Top FUN - thank you UCLA Gymnastics Donors, Team and Staff! Why 'Madhatter?' Because everyone is encouraged to wear their most outrageous Hat. Why? Because it adds to the fun.

What's involved? Meeting our team and staff. Great food. Hattle auction (much like a paddle auction only the paddles are little hats... get it?) And... as of last year, the grand finale are the donations that are pledged for those who jump in the

pool with their clothes on (no bathing suits or skinny dipping allowed). Thanks to the fervor of energy and excitement that builds throughout the evening, more than half of the team ended up in the pool and we raised more than double what we have raised in the past. If you DID NOT get your invitation this year please contact Alicia Junker at aiunker@athletics.ucla.edu to make



sure you get your invite next year. And if you did get one and decided not to come... You missed one heck of a Brui-liscious good time! I strongly encourage you to go hat shopping asap and get ready for next year's event!





## UCLA WOMEN'S GYMNASTICS BRUIN 10.0

## **Annual Membership Application**

## WAYS TO GIVE

## I. Yates Gym Renovation Project – (Fund 510230)

"Locker for Life"- A \$5,000 gift to the Yates Gym Renovation Project allows you to place your name on one of the lockers in the new gymnastics locker room (in the John Wooden Center). This donation can be made over a two-year period.

I would like to support the Yates Gym Renovation Project (Fund 510230) with a total gift of

### II. Levels and Benefits

- BLUE LEVEL \$100-\$249 Invitation for two to Gymnastics Awards Banquet
- GOLD LEVEL \$250-\$499 Above plus two Olympic Sport Cards
- CHAMPION LEVEL \$500-\$999 Above plus a UCLA Gymnastics autographed team photo and invitation for two to open practice at Yates Gym
- PLATINUM LEVEL \$1,000-\$4,999 Above plus complimentary invitation for (2) two to Gymnastics Awards Banquet and exclusive access for two to pre-meet warm-up at one home meet at Pauley Pavilion
- NATIONAL CHAMPION LEVEL \$5,000+ Above plus an all-expense paid trip for one to the Pac-12 Conference Championships (includes flight, hotel and meet ticket)
- \*Olympic Sports Cards provide entrance to all UCLA regular season home athletic events except Football, Baseball and Men's Basketball, NCAA Championship events or invitational tournaments.

I would like to support the Women's Gymnastics Program with a total gift of \$\_\_\_\_\_. (Fund 5750)

If you are interested in supporting the UCLA Gymnastics Endowment Program or in Yates Gymnaming opportunities, please contact Alicia Junker at ajunker@athletics.ucla.edu or (310) 206-5128.

## **CONTACT INFORMATION**

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